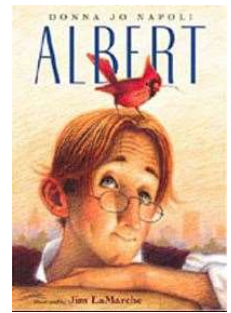




# ALBERT

by Donna Jo Napoli



Be strong and courageous. Do not fear or be in dread, for it is the Lord your God who goes with you. He will not leave you or forsake you.

Deuteronomy 31:6

**Bible Bonus**

Can you memorize it too?

## West

Washington  
Oregon  
California  
Montana  
Nevada  
Idaho  
Wyoming  
Colorado  
Utah  
Alaska  
Hawaii

## Northeast

Maine  
New Hampshire  
Vermont  
Massachusetts  
Connecticut  
Rhode Island  
New Jersey  
New York  
Pennsylvania  
Maryland  
Delaware  
Washington DC

**OLYMPIA**

**SALEM**

**SACRAMENTO**

**CARSON CITY**

**CHEYENNE**

**HELENA**

**BOISE**

**SALT LAKE CITY**

**JUNEAU**

**HONOLULU**

**DENVER**

**AUGUSTA**

**CONCORD**

**MONTPELIER**

**BOSTON**

**PROVIDENCE**

**HARTFORD**

**ALBANY**

**HARRISBURG**

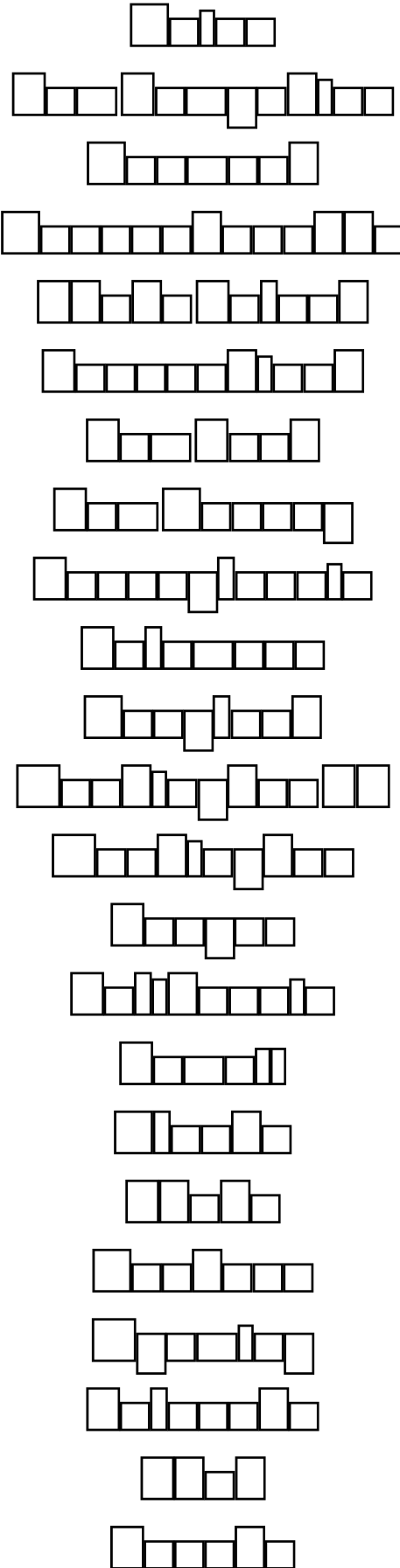
**TRENTON**

**DOVER**

**ANNAPOLIS**

## Homework: Northwest & Northeast States

Fill in the state names, then draw a line connecting each state to its capital.



**Homework: Are you ever like ALBERT?**

Albert was naturally timid. He was easily scared and overwhelmed of what was outside. But as he was forced to spend two weeks outside, he realized everything actually *wasn't* so scary.

**Things to think about:** What about you? Is there something that you used to be scared of, but now realize is okay? Is there anything you are still scared of? What helped Albert to deal with his fears? (facts, staying around long enough to heard/see the whole situation) What is one special tool can we use that wasn't mentioned in the story? (prayer, bring it to the Lord)

**Parent note/point to emphasize:** Psalm 56 says, "When I am afraid, I will trust in you." 1 Peter 5:7 says, "casting all our cares on him because he cares for us" We may face hard circumstances. Outside may sometimes be scary. Inside may sometimes be scary. But in all the scary things, we have one we can come to.

**Homework:** Write one paragraph about something you are/were afraid of? If you aren't afraid anymore, how did you get over your fear? If you are afraid, what do you do when you get scared?

A series of 14 sets of horizontal lines for handwriting practice. Each set consists of three lines: a solid top line, a dashed middle line, and a solid bottom line.